



# ECHOS

PSYCHIATRIC NURSING Newsletter

**VINAYAKA MISSION'S ANNAPOORANA COLLEGE  
OF NURSING, SALEM**

2017

Catalyst



**VINAYAKA MISSIONS RESEARCH FOUNDATION**

**DEEMED TO BE UNIVERSITY**

**SALEM, TAMILNADU**

# PSYCHIATRIC NURSING Newsletter

## VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF NURSING, SALEM

2017

### PRINCIPAL



DR.V.SELVANA

Optimism is the faith that leads to achievement; nothing can be done without hope and confidence

-Helenkeller

Hearty congratulations to the Department of Psychiatric Nursing for their creative effort in making "**Echos-2017**".

I am sure that this news letter will gives about the abilities of the faculty and students in improvement

### FROM THE HEAD OF THE DEPARTMENT...



MRS.R.NAGANA

Greetings from the Department of Psychiatric Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem! The faculty members of department of psychiatric nursing are pleased and proud to welcome you to 2018 and share news from our department. Highlights makes you to

### What's Inside...

- ❖ **Students Desk**
- ❖ **Awareness programme**
- ❖ **Staff development programme**

**VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF  
NURSING, SALEM.  
DEPARTMENT OF PSYCHIATRIC (MENTAL HEALTH) NURSING**

**VISION**

Our vision is to become a premier provider in mental health nursing education of international repute and emerge as a department that is recognized for promoting excellent in Education, Service, Research and Leadership with commitment to the core values of our discipline.

**MISSION**

- Provide competent and proficient nursing education to the students.
- Update with recent advances and keep up global standards of mental health nursing practice.
- Provide excellence in mental health nursing research which includes high quality publications and competitive external grants.

**OBJECTIVES**

- Motivate the students to practice their knowledge to become an efficient professional mental health nurse.
- Develop skills and attitudes to carryout comprehensive nursing care for mentally ill persons and psychological aspects of client with physical disorders.
- Carryout research activities in the areas of mental health /illness in clinical and community settings.
- Provide holistic care to Clients with various psychiatric disorders by using recent techniques.
- To appreciate evidence based nursing practice and narrow

## Students Desk



### VERSATILE ACTIVITIES

Nursing students from III year BSc(Nursing) has attended field visit training on 20.09.2017 at Missionaries of oldage home , Alagapuram, Salem. It was good experience for nursing students which they have assessed health status of the elderly in that



# Awareness Programme

## CONNECTING PUBLIC International Anti Drug Abuse Day



A rally was conducted on 26.06.2017 from chinnaseeragapadi to periyaseeragapadi, Salem. Mrs. G. Deivarani, Head Mistress, Government Primary School, Chinnaseeragapadi, presided over. Faculty members and around

## GOLDEN MOMENTS WITH ELDERLY World Alzheimer's Day



A Health and Memory Screening Camp was conducted for elderly people in lieu of World Alzheimer's day celebration in 21.09.2017 at Missionaries of Charity Old-

## **BUILDS HEALTHY WORLD**

### **World Mental Health Day**

A awareness campaign was

organized to  
status and job  
workers and fo  
management to  
demonstrated t  
mental health i  
Mental Health  
on 10.10.2017  
service priva



## **Staff Development Programme**

### **Continuing Nursing Education**

#### **CONNECTION BETWEEN STRESS AND MENTAL ILLNESS**





Department of Psychiatric Nursing organized a Seminar on 30,03.2017 regarding "Emergency Psychiatry-Detection and Treatment ". The program was started at 9.30. The first session was presented by Dr. Anoop George Sabu, MBBS, MD (Psy.), Department of Psychiatry, Vinayaka Mission`s Kirupanandha Variyar Medical College and Hospital, Salem, regarding "Psychiatric Emergencies". Followed that Mr.K.Balasubramanian, M.Sc. (N) , Assistant Professor, on "stress and its management", Mr. Naiju. M. Punnoose, M.Sc. (N), Lecturer, regarding "Grief and Grieving process" and Mrs.R.Naganandini, M.sc. (N),

## **FSDP On Counselling In Nursing Education**



A Faculty skill development Programme was organized on 27.07.2017 at Manoraksha Mental Health Centre, Salem. Dr.S.Mohana Venkatachalapathy ,MBBS,DPM, Consultant Psychiatrist and Medical Director , Manoraksha Mental Health Centre , Salem, dealt with how to handle adolescents , ways to identify their psychological problems and techniques of counseling. All the faculty members have



## FACULTY INNOVATIONS IN JOURNAL CLUBS



Mr. K. Balasubramanian, Assistant professor, presented a journal article on **“Colour Therapy for Psychiatric Illness”** on 09.06.2017



Mr. K. Balasubramanian,, Assistant professor, presented a journal article on **“Sleep Deprivation”** on 09.06.2017





**MRS. R.NAGANANDINI, HOD & ASSOCIATE  
PROFESSOR  
DEPARTMENT OF PSYCHIATRIC NURSING  
AS A RESOURCE PERSON IN**

**Participated /presented**

**FACULTY ENRICHMENT**

Mrs. R.Naganandini, Associate Professor, has attended

- Seminar on “One day workshop on Quality Improvement” on 16.09.2017 at Vinayaka Mission’s Homeopathy Medical College & Hospital, Salem.

Mrs. R.Naganandini, Associate Professor, Mr.K. Balasubramanian, Assistant professor & Mr. Naiju. M. Punnoose, Tutor, has attended

- National Seminar on “Quality Care in Midwifery” on 25.01.017 at Vinayaka Mission’s Annapoorana College of Nursing, Salem.

Mr.K. Balasubramanian, Assistant professor, has attended

- Seminar on “Hands on training to work with individuals with ASD” on 1<sup>st</sup> & 2<sup>nd</sup> April 2017 at Athma Hospitals, Trichy
- International nurse conference on “Happy teenagers and teenage wellbeing” on 24.01.2017 at Jenny’s college of nursing, Trichy.

Mr.K. Balasubramanian, Assistant professor & Mr. Naiju. M. Punnoose, Tutor, has attended

- Integrated National public health conference on “Communicable and Noncommunicable Disease” which was organized by Vinayaka Mission’s kirupananda variyar medical college & Hospital, Vinayaka Mission’s Annapoorana college of Nursing and Vinayaka Mission’s kirupananda variyar engineering college, Salem on 2<sup>nd</sup> & 3<sup>rd</sup> November 2017.

Mr. Naiju. M. Punnoose, Tutor, has attended

- Sixth international nursing conference on “ Clinical Nursing Leader for Health

**Our team!**

Mrs. R.Naganandini  
Balasubramania

Naiju M Punnoose

Mr.Aswin Chand

**Research Activities**

Department of psychiatric nursing completed a research project to assess the knowledge on prevention of conduct problems among school teachers

## ACADEMIC CALENDER - 2018

DATE	EVENT
15.03.2018	CNE
21.03.2018	JCP
20.04.2018	JCP
20.06.2018	JCP
26.06.2018	International Antidrug Abuse Day
25.07.2018	FSDP
21.09.2018	World Alzheimer's Day
10.10.2018	World Mental Health Day
09.11.2018	Guest Lecture

TIME TO HONOUR

## WORK TOGETHER

SL.N O	FACULTY NAME	POSITION	COMMITTEE
1	Mrs. R.Naganandini,	Advisor	Student Nurses Association
		Coordinator	Youth Red Cross
		Member	Counselling cell
			Students grievance cell
			Research & CNE cell
			Library committee
			Website committee
			Mentoring committee
2	Mr. Naiju. M.Punnoose	Member	Counselling cell
			Alumni association
			Sports committee
			Anti ragging committee
3.	Mr.K. Balasubramanian,	Member	Counselling cell
			Sports committee

**Thank you to all for your support.....**

**Contact us email; [vmaconmhn2000@gmail.com](mailto:vmaconmhn2000@gmail.com)**